

# Signals from Sailability Manly



April 2008, edition 30  
[www.manlysailability.com.au](http://www.manlysailability.com.au)

Edited by Judy Cole  
please submit articles to [info@judycollection.com.au](mailto:info@judycollection.com.au)

Sponsored by



## Coming Events - Diary Dates

- **10<sup>th</sup> May** 9.00am – MYC Working Bee – willing hands welcome
- **17<sup>th</sup> May** 9.00am - Commodore Peter Hamilton invites you to the Sailability end of summer season **race and barbecue**.

If you are interested in racing that day please register with Peter by Monday 12th May by calling him on 9975 1434 or email to [peter@pjhamilton.com](mailto:peter@pjhamilton.com).

All others welcome to join in the fun on the water and on the new hardstand

- **24<sup>th</sup> May** - Volunteer Training Day—9.00am—practice rigging, sailing etc. - Lunch supplied

## Sailing Schedule May-September 2008

Weekend		Wed	
03/05	Hornsby Lifestyles, General		
17/05	Picnic and Race Day	14/05	Arranounbai, MAPS
21/06	Hornsby Lifestyles, General	11/06	RFW, MAPS, St Ives
19/07	BIRDS, General	09/07	Interchange, Centacare
16/08	Hornsby Lifestyles, General	06/08	RFW, Fisher Rd, MAPS Forestville.
13/09	BIRDS, General	03/09	RFW, Aranounbai, MAPS Forestville.

**Venue: Manly Yacht Club**, East Esplanade (end of Wood St) downstairs dockside

**Visitors** are always welcome to see what we do and try us out for \$5. Annual membership includes unlimited sailing for \$25.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.45am.**

**Parking:** We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans.

**Extras to bring:** All sailors and volunteers must bring a hat that stays on and a good sunscreen. We supply bottled water and life-jackets.

**Volunteers:** Please be at the **Manly Yacht Club by 9am – approx 2pm**

If your name appears on the roster, and **you are not available**, please arrange a replacement. If you are not able to get a replacement, tell **Evelyn: 9976 2134** [evelyn@manlysailability.com.au](mailto:evelyn@manlysailability.com.au)

**If you're not rostered on – please turn up anyway – we'd love to see you.**

# Signals from Sailability Manly

## Race Training Day – 29<sup>th</sup> March



A keen group of Sailability sailors of all ages, abilities and experience, enjoyed hearing some of the finer points of sailing from Training Master Jan.

Trimming techniques and starting strategies were “argued” around a whiteboard, before we moved to the pontoon to check the sail trim on the colourful Access 303 racing fleet of 6, bobbing expectantly on the harbour. It was a great refresher for those with

experience, and a revelation for new-comers. Out on the water, we practiced starts and mark rounding techniques in the fickle harbour winds. All agreed it was great fun, and will stand us in good stead in future regattas. Thanks to Jan, and Peter Singer who acted as starter. Future race training will be held on an ad hoc basis with advance warning in “Signals”.

**Jude**



## Grand opening of rigging deck - March 29<sup>th</sup>



If you haven't been down to the MYC recently, you're in for a big surprise! The rigging area has more than quadrupled in size, and would have to be one of the most impressive facilities of any Sailability venue.

As the strains of music from the Manly Village Public School Band faded away on the light breeze, Mike Baird, the local state member and Bruce Davis held the tape for President Brian Wilson to cut, and the deck was officially opened.

A rigging demonstration of an Optima, a Laser and an Access dinghy showed how rigging Chris Mitchell's design for people with disabilities was a simple operation, even for Jude and non sailor Councillor Brad Pedersen!

Thanks to all volunteers on the day. **Jude**

# Signals from Sailability Manly

## **Mental Health Festival Day 30<sup>th</sup> March**



*Eli canvassing a new client*

Dolly Wallis with her bright purple sails attracted considerable interest on Manly oceanfront. The aim was to raise awareness of Sailability and it's mission, to provide freedom on the water for people with disabilities.

Eli, Jude and Jayne set up, and were joined by a team of volunteers sharing with passers-by, the benefits and joys of volunteering and sailing.

Johnno, Patrick, Phil and Evelyn all took turns on a magnificent day, which resulted in several new volunteer recruits and keen interest from many potential disabled sailors.

Thanks to all involved. **Eli**

## **Mean while, round in the harbour...**

As part of Mental Health Festival Day the inaugural Kayak for Kids event, raising funds for Lifestart launched from Manly Wharf and ended at Blue's Point. Jan and Peter S with Wendy and Shelley, escorted the fleet of 193 people in 76 single, two person and three person kayaks in Charlie's Chariot.

Lifestart is thrilled with the result of the fundraising and is really keen to hold another event next year. Well done team. **Peter S**

## **Wallerawang – State Championships**

On Friday 22nd February, our small contingent arrived at Wallerawang (about 7 kms outside Lithgow) for the Sailability State Championships. There was our champion, Stephen Davies together with his carers Julia and Sharon, Peter and Shelley Singer & Patrick and Rosalie Alexander.



*Peter and Steve*

This was Lithgow Sailability's first event and was very well organized. Our thanks to Tom Papas for the time and energy he put into the weekend. A mobile pontoon with special winch, was loaned by National Parks and Wildlife from Manly Dam, and played a large part in the success of the event.

Sailing commenced on Saturday morning around 10.00am, following a race briefing some 30 boats with different coloured sails created quite a spectacle for those of us watching the races. Sailing continued on Sunday morning winding up around 1.30.



# Signals from Sailability Manly

Accommodation (which was excellent) was arranged at the Black Gold Cabins. The buildings are a conversion of the old Wallerawang Public School buildings.

About 20 participants and their support families were accommodated there and gave everyone a great opportunity to socialise and meet volunteers from other Sailability Clubs.

Lunch was provided each day and on Saturday night, a two-course dinner was organized in the old school hall/dining room with 61 people in attendance. After the usual speeches, music was provided by some local musicians as well as talent from our Sailability volunteers.

**Patrick A**

**On the water...** 39 Sailors in 31 boats took part, but Manly Sailability was plagued by gear failure and gusts from variable wind both in strength and in direction. Some good starts from Steve were eroded and results are still unclear, so disappointing from a sailing perspective, but we'll be back!!!

**Peter S**

## **CHARLIE'S CHARIOT**

Charlie's Chariot was slipped in February to remove the heavily encrusted hulls of barnacles and weeds and then given a couple of coats of boot topping.

The engine was given a detailed service at the same time.

In order to reduce this marine growth between slipping it was decided to give the hulls an occasional scrub either from the boat or by a swimmer snorkelling. There is a short handled brush and a long handled broom on board to facilitate this activity during those idle moments on the boat, or if someone is interested in the swimming and snorkelling approach please don't hesitate to volunteer.



Charlie on the slips

During the engine service both filters were found to be full of water which could have caused a major engine failure. A larger primary filter has been installed located on the Starboard quarter next to the battery and it is fitted with sight glass. At the end of each sailing activity the boat driver is to check if there is water at the bottom of the filter and if so, to drain it out - there is a cloth in the port side locker for this function.

Crews are also requested to use the two fenders when coming alongside as it was noticed the boats topsides are showing signs of wear and tear.

**Jan**

# Signals from Sailability Manly

## Loosely Woven

The concert in aid of Interchange and Allawah Children's Hospital was a heap of fun. The evening got off to a 7.00pm start with a great turnout, and once access problems were overcome there were instrumental pieces and popular songs which the audience thoroughly enjoyed. Steve entertained us with the clacker, and soon we realised that Helene has completely missed her vocation, she definitely should be looking for work as a clown! A wonderful supper at interval made it a truly memorable evening, which met the goal of raising \$1,000.00, to be shared. All in all it was an excellent concert, a wonderful opportunity for socialising, and a fabulous experience. See you there next year.

**Eli**

## Clothing Shop – Available on Sailing Days

**HATS:** with a Sailability Manly logo by Paula on the front

**\$12.00**

**SHIRTS:** Short or long sleeves Red or Navy

**\$25.00**

## Last Meeting- main points

- Consider replacing the older 2 dinghies as they are showing wear and tear
- Replaced dinghies to be offered to start up clubs
- Several items of repair to be reported to MYC to be included in working bee
- List of competencies for safety boat drivers has been circulated. This will be put in a book so that we have a record of who has passed.
- We will keep a maintenance book on the deck at our sailing days for people to fill in if there are any boat maintenance needs

## Our Committee

President / Treasurer	Patrick Alexander	9913 9848
Secretary	Eli Demeny	9976 2747
Memberships	Peter Singer	9416 8749
Maintenance	Jan Jensen	9905 4869
PR/Web	Bob Ronai	9983 9057
Volunteers	Evelyn Shervington	9976 2134
Commodore	Peter Hamilton	9975 1434
Social Secretary	Jackie Morgan	9949 7847
Interclub Activities	Jill Madden	9948 4800
Sailability NSW Reps:	Deirdre Ronai / Bob Ronai	9983 9057
Members	Cheryl Martin / Glenice Bland	
Editorial sub committee	Judy Cole / Maria Jarman	99771867

### Next meeting

Wed May 7<sup>th</sup> 6.30pm

MYC – all welcome

## Our Sponsors

Patron David Barr	<b>Special thanks for help with our Accessible Bathroom:</b>
• PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
• NETREGISTRY	• HEALTH SCIENCE PLANNING CONSULTANTS
• SHELTA UMBRELLAS	• SAFETY RAILS AUSTRALIA
• GME-ELECTROPHONE	• ALTRO APAC SAFETY FLOORING
• MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
• MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
• SIGNS NOW, Brookvale	• CERAMIC TILE MARKET, Brookvale
• HOOD SAILMAKERS Brookvale	
• TREHARNES MANLY BOATSHED, Fairlight	
• WARRINGAH & MANLY COUNCILS	